## What's Your Body Composition? Choose from three separate options.



ULTRASOUNDHYDROSTATIC WEIGHINGCALIPERFast, accurate, and reliable results!

## **Body Composition Services at The Lifestyle Center:**

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Caliper Testing	Complimentary	\$10
*Hydrostatic Weighing	\$20	\$30
Ultrasound Analysis	\$25	\$35

\*Hydrostatic Weighing appointments are offered the first Saturday of each month.

The Lifestyle Center is the only local facility to offer the most accurate methods to determine body composition.

For an appointment, Call 624-3450

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A division of Kaweah Delta Health Care District www.TheLifestyleCenter.org